

## WHAT TO DO IF YOUR CHILD HAS SYMPTOMS

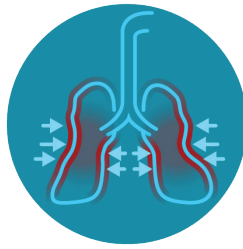
---



- **FEVER**
- **CHILLS**
- **RUNNY NOSE**



- **MUSCLE PAIN**
- **HEADACHE**
- **DIARRHEA**
- **STOMACH PAIN**



- Shortness of **BREATH**
- New loss of **TASTE OR SMELL**



- **COUGH**
- **SORE THROAT**
- **VOMITING**
- **CONGESTION/ RUNNY NOSE**



- Been in **CONTACT** with someone with COVID-19

---

### What should you do if you suspect your child may have COVID-19

If your child has experienced the symptoms listed above in the last 14 days, or has been in contact with anyone who has tested positive for COVID-19 in the last 14 days, or have questions, contact your child's medical provider.

---

### If your child needs to be tested for COVID-19

Your child's medical provider may refer you for testing and medical care. COVID-19 testing is available throughout the county. Visit <https://www.edcgov.us/Government/hhsa/Pages/EDCCOVID-19-Get-A-Test.aspx> for updated community testing locations. Schedule a visit with your pediatrician afterwards to discuss if your child can return to daycare based on the results.

---

### If your child is experiencing symptoms

You and your child should restrict activities outside your home, except for getting medical care and/or getting tested. Do not send your child to daycare, school, or to public areas. To prevent the spread of illness:

- Cover coughs and sneezes.
- Clean hands often.
- Avoid sharing personal household items.
- Clean all "high-touch" surfaces daily.

---

### If your child tests positive for COVID-19

Your child should remain at home for 10 days from the onset of their symptoms AND be fever free for a minimum of 24 hours prior to returning to daycare or school.

---

### If your child is not tested or receives a non-COVID-19 diagnosis

If your child is seen by a provider and does not meet criteria for COVID-19 testing, they will not be tested at Barton. Please plan to keep your child out of daycare or school for 10 days from the start of their illness unless they have a note from their provider.

---

Resources:

[bartonhealth.org](http://bartonhealth.org)  
[cdph.ca.gov](http://cdph.ca.gov)  
[cdc.gov](http://cdc.gov)

Barton Health 07242020

